

Preliminary Findings of the AAQoL Survey (DRAFT)

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The University of Texas at Austin

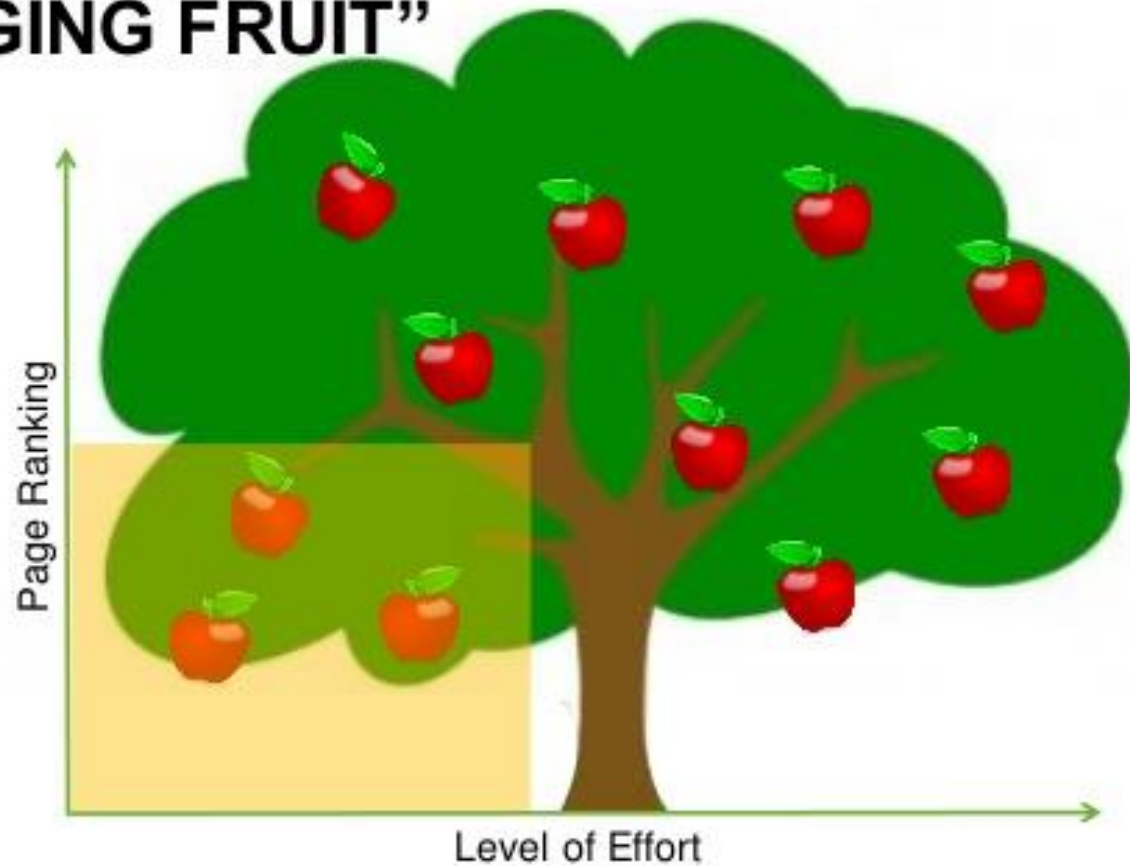


Model Minority Myth

- Asian Americans are healthy, self-sufficient, and problem-free model minorities???

- Sampling artifact in national surveys
 - English as a primary survey language
 - Exclusion of people with linguistic barriers

“LOW-HANGING FRUIT”





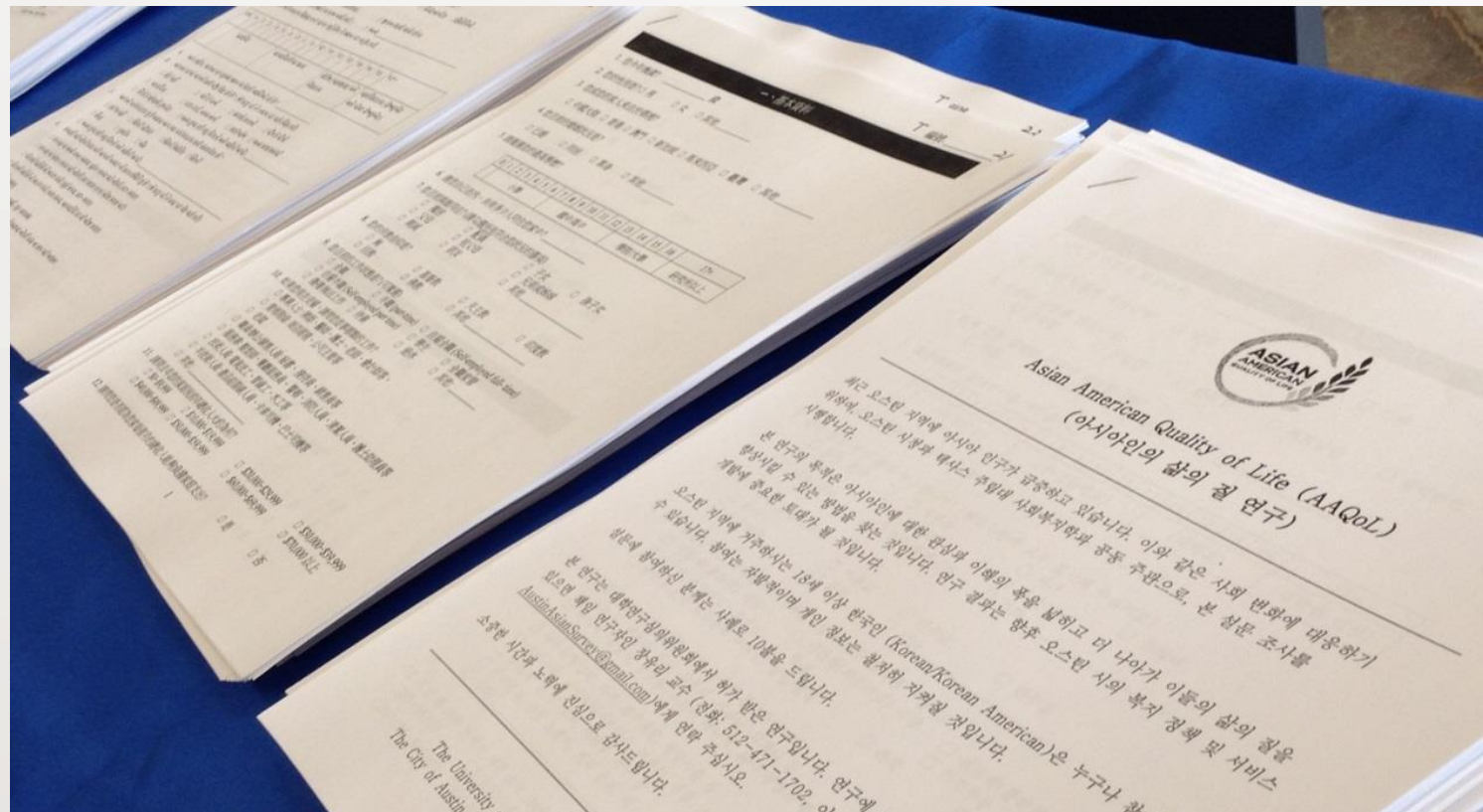
 dreamstime.com

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Culturally and Linguistically Sensitive Approach

- Asian language versions of the survey
- Research personnel (e.g., recruiter and survey assistant)
- Community partnerships

Survey Questionnaires in Asian Languages



Austin Asian Community Resource Database (AACRD)

Austin Asian Community Resource Database (AACRD)

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Asian American Cultural Center

	A	B	C	D	E	F	G	H
		Services	Address	Suite #	City	Zip Code	Phone	Website
1								
2	Asian American Resource Center (AARC)	City resources	8401 Cameron Road		Austin, TX	78754	(512) 974-1700	http://austintexas.gov/aarc https://www.facebook.com/aarcabx
3	Asian American Cultural Center	Education	11713 Jollyville Rd		Austin, TX	78759	(512) 336-5069	http://www.asianamericanccc.com/
4	Asahi Imports	Business-Grocery	6105 Burnet Rd.		Austin, TX	78757	512.453.1850	http://asahi-imports.com/
5	Asia Market Austin	Business-Grocery	8650 Spicewood Springs Rd	#115	Austin, TX	78759	512-331-5780	http://www.asiamarketaustin.com/
6	MT Supermarket	Business-Grocery	10901 N Lamar Blvd		Austin, TX	78758	(512) 454-4804	http://mtsupermarket.com/
7	International Foods	Business-Grocery	1131 N Lamar Blvd.		Austin, TX	78753	(512) 491-8282	internationalfoodaustin.com
8	Sarah's Mediterranean Grill and Market	Business-Grocery	5222 Burnet Rd.	500	Austin, TX	78756	512.419.7605	http://www.sarahsmediterranean.com/
9	Asian Community & Education Foundation	Social services	PO Box 200882		Austin, TX	78720		http://www.austinacefoundation.org/
10	Asian Family Support Services of Austin (AFSSA, formerly SAHELI)	Social services	PO Box 16254		Austin, TX	78761	(877) 281-8371	http://www.saheli-austin.org/d6/
11	Asian Real Estate Association of America (AREAA)	Social services	1801 S MoPac Expressway	100	Austin, TX	78746		http://www.areaa.org/austin/ ; https://www.facebook.com/AREAAUS
12	Asia Store	Business-Others					(212) 327-9217	http://asiastore.org/
13	Bambu Dessert & Drinks	Business-Others	10901 N. Lamar Blvd	A-120	Austin, TX	78753	512-832-8886	https://www.facebook.com/BambuAustin/ http://www.drinkbambu.com/
14	Chau Tran Agency	Business-Others	10901 N. Lamar Blvd	B-202	Austin, TX	78753	(512) 490-1609	http://www.farmersagent.com/ctran3

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THE UNIVERSITY OF
TEXAS
— AT AUSTIN —

WHAT STUDENTS HERE CHANGED THE WORLD



SCHOOL OF SOCIAL



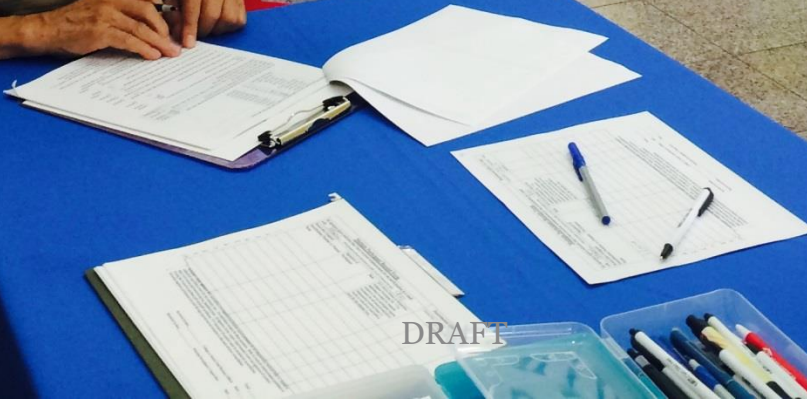
CITY OF AUSTIN
Communications & Public In

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THỊ MỸ THANH CHÀO QUÝ KHÁCH



龍比受更有福



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FROZEN FOODS

24 Mantra.
Pure, sure
and all things
Organic.

Munch on Asian
mazzadar from
Kathi Rolls!

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TEXAS
SCHOOL OF SOCIAL
SCIENCES



**ASIAN
AMERICAN**
QUALITY OF LIFE

**GLOBAL HERITAGE.
LOCALLY LIVED.**



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Total Sample Size = 2,609

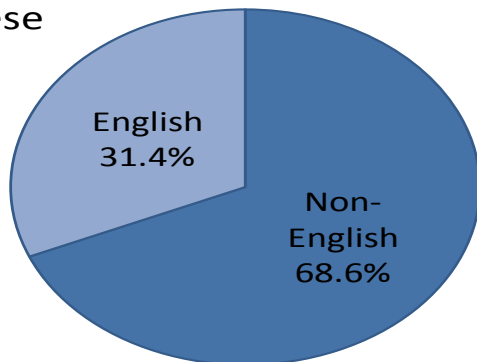
- 640 Chinese
- 574 Asian Indians
- 471 Koreans
- 513 Vietnamese
- 265 Filipinos
- 146 Asians of other ethnic backgrounds

- Nepalese, Pakistani, Bangladeshi, Cambodian, Hmong, Indonesian, Japanese, Laotian, Burmese, Sri Lankan, Thai, and mixed ethnicity

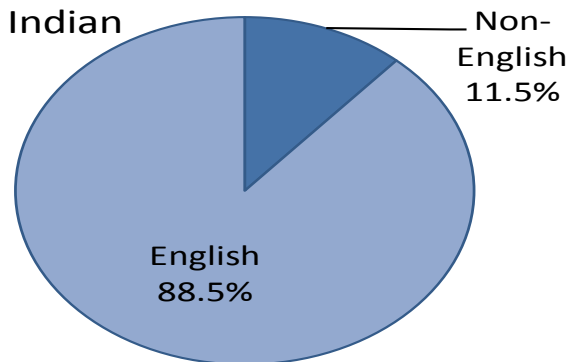
Survey Language

Survey language	N	%
English	1,345	51.5
Traditional Chinese	215	8.2
Simplified Chinese	229	8.8
Korean	371	14.2
Vietnamese	365	14.0
Hindi	12	0.5
Gujarati	58	2.2
Tagalog	14	0.5

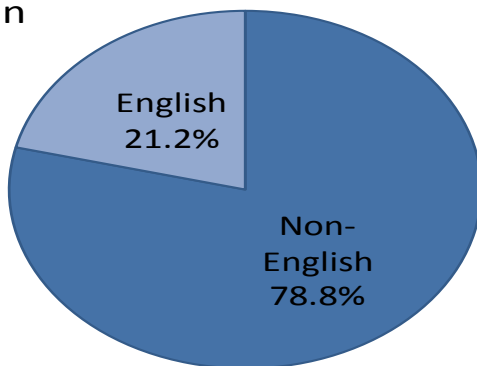
Chinese



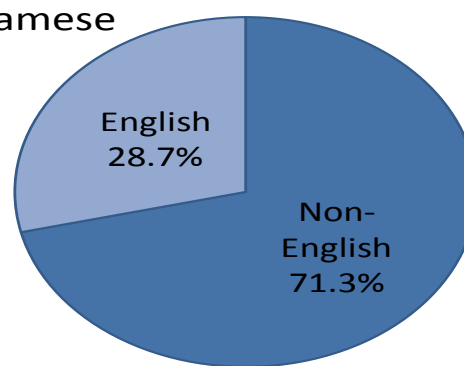
Asian Indian



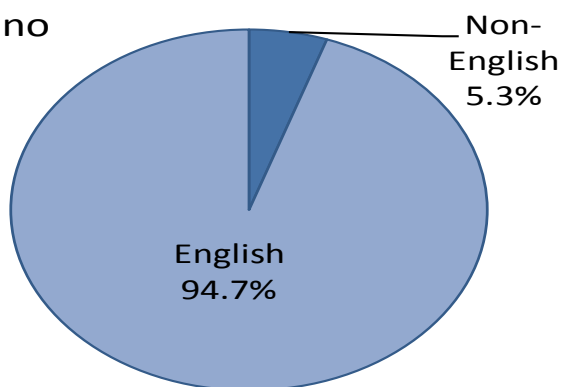
Korean



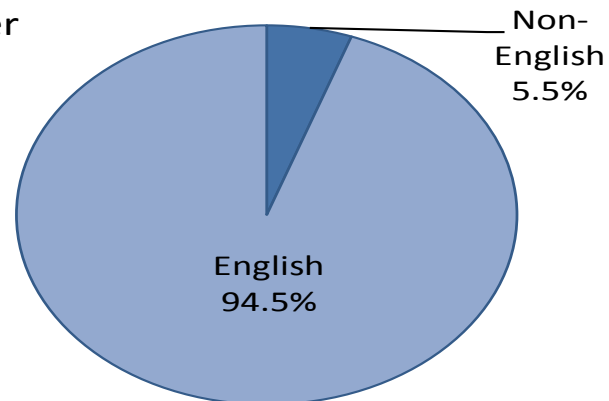
Vietnamese

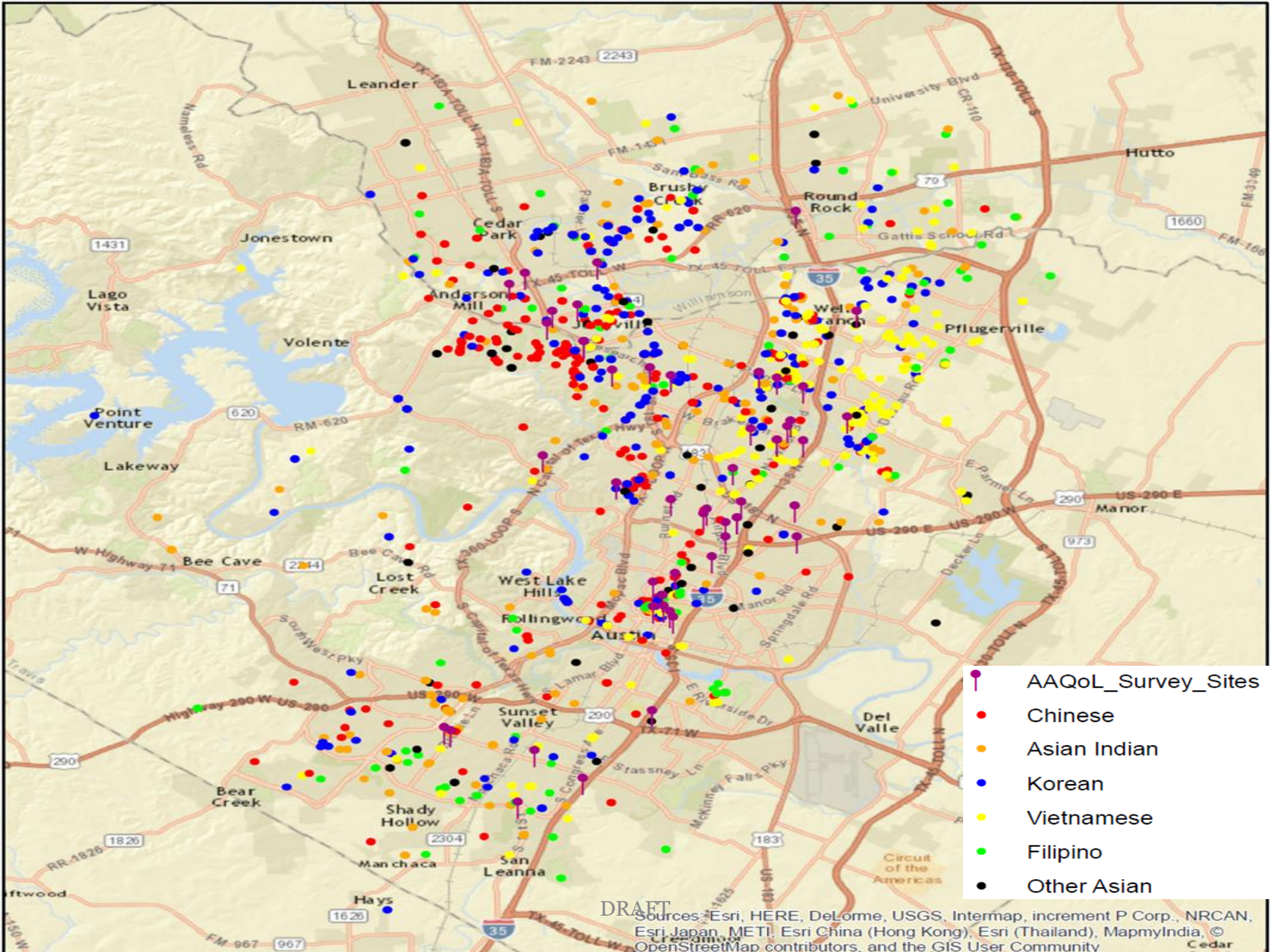


Filipino



Other

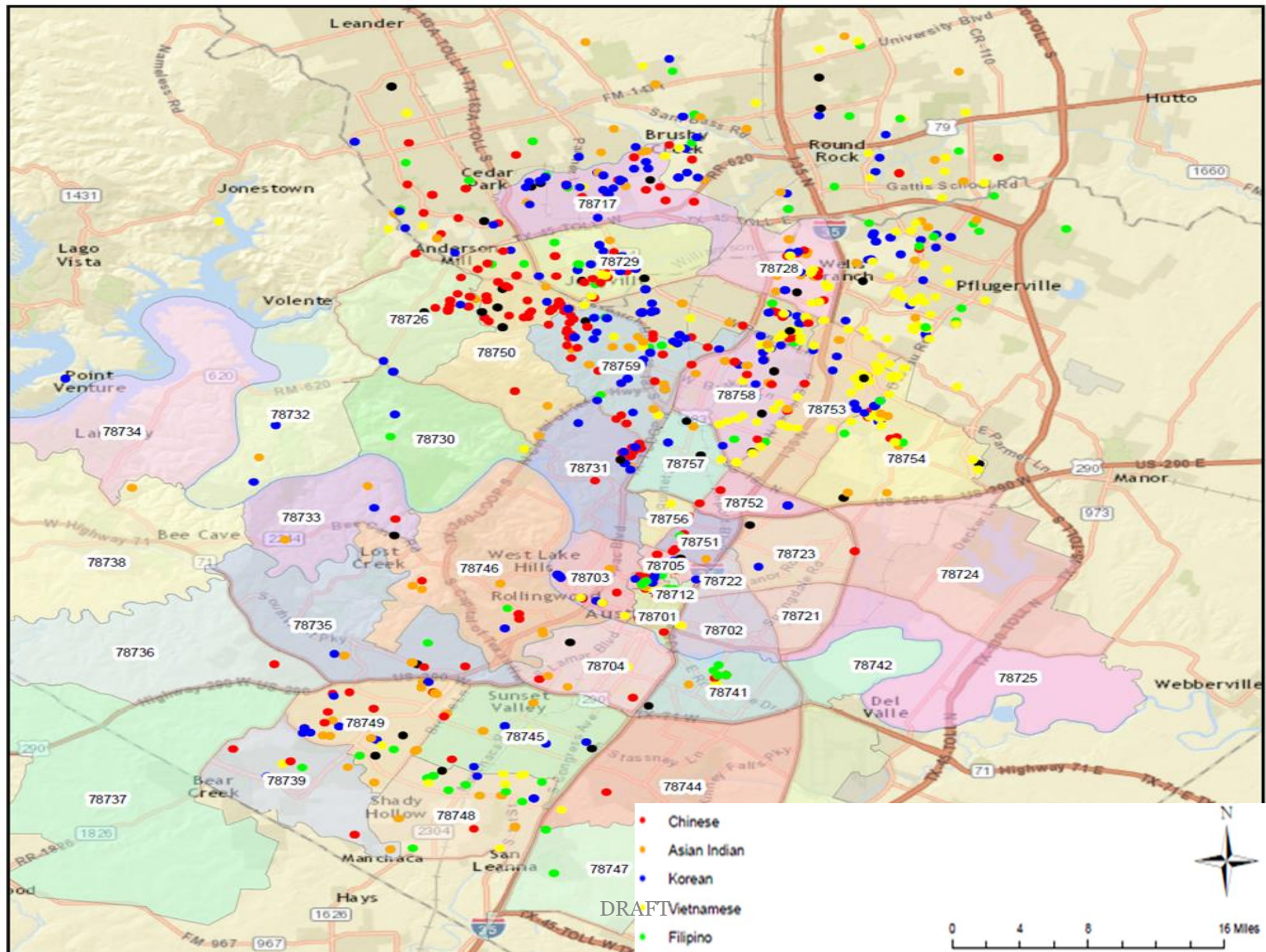


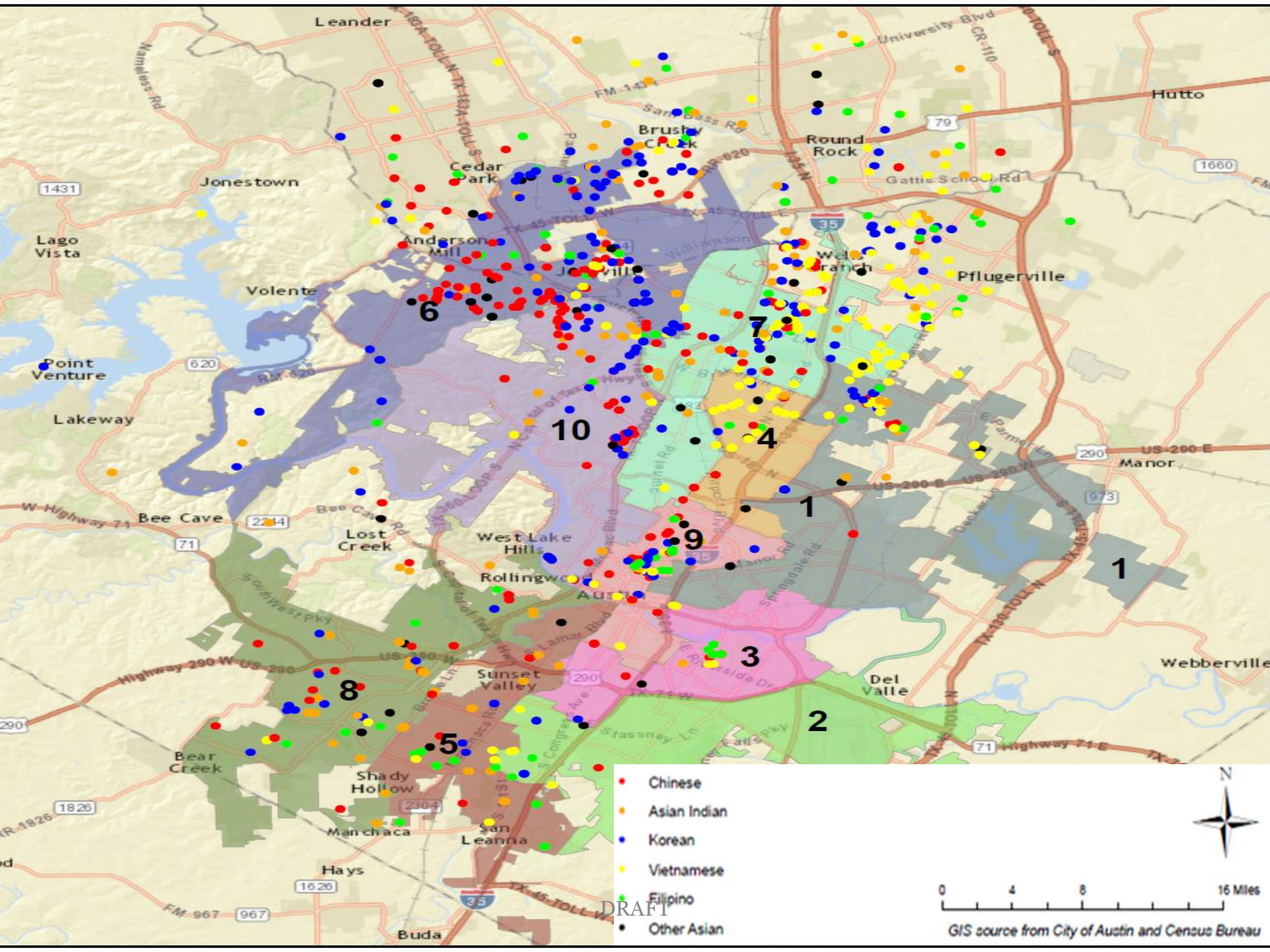


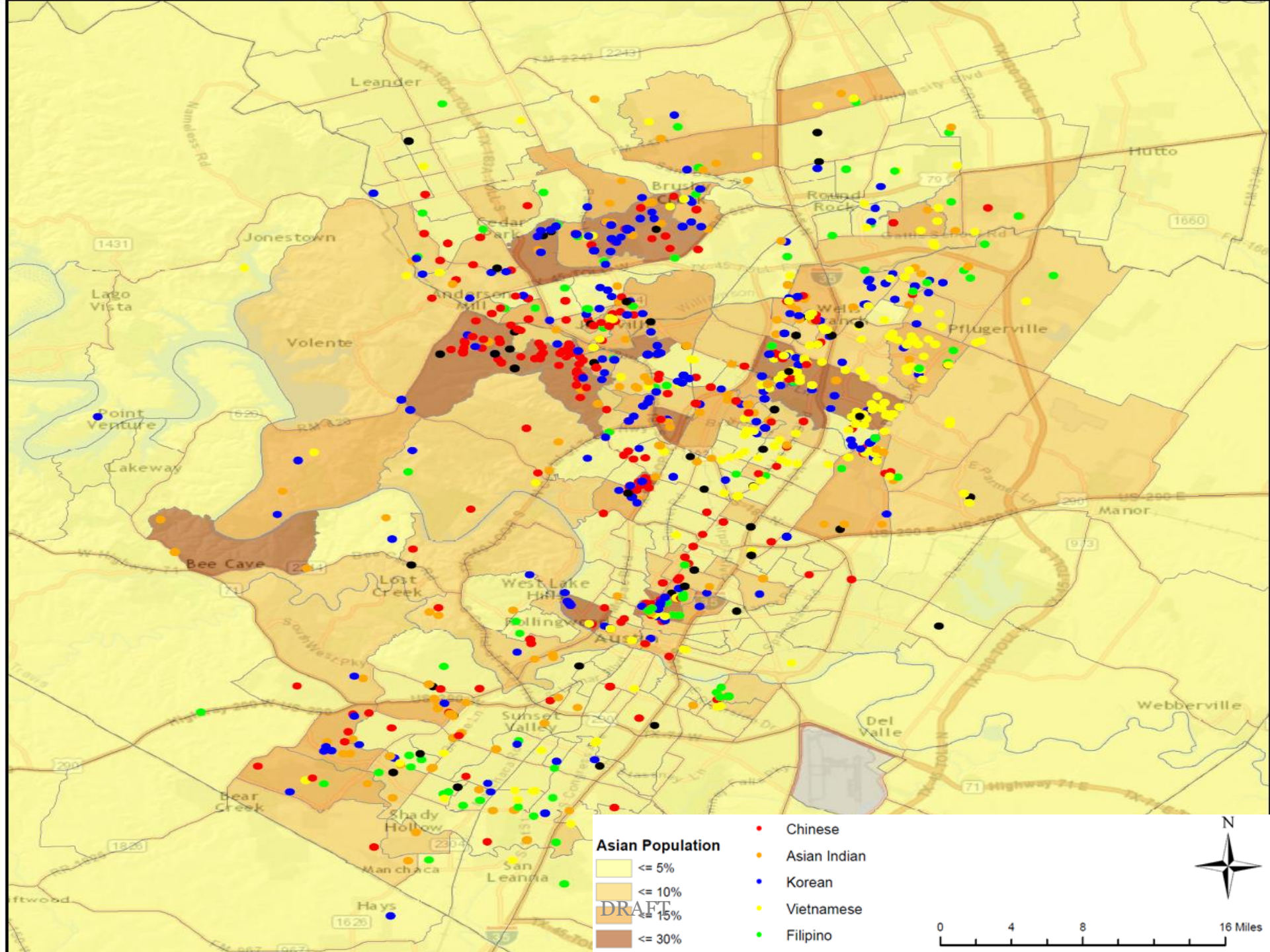
- AAQoL_Survey_Sites
- Chinese
- Asian Indian
- Korean
- Vietnamese
- Filipino
- Other Asian

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Sources: Esri, HERE, DeLorme, USGS, Intermap, increment P Corp., NRCAN, Esri Japan, METI, Esri China (Hong Kong), Esri (Thailand), MapmyIndia, © OpenStreetMap contributors, and the GIS User Community



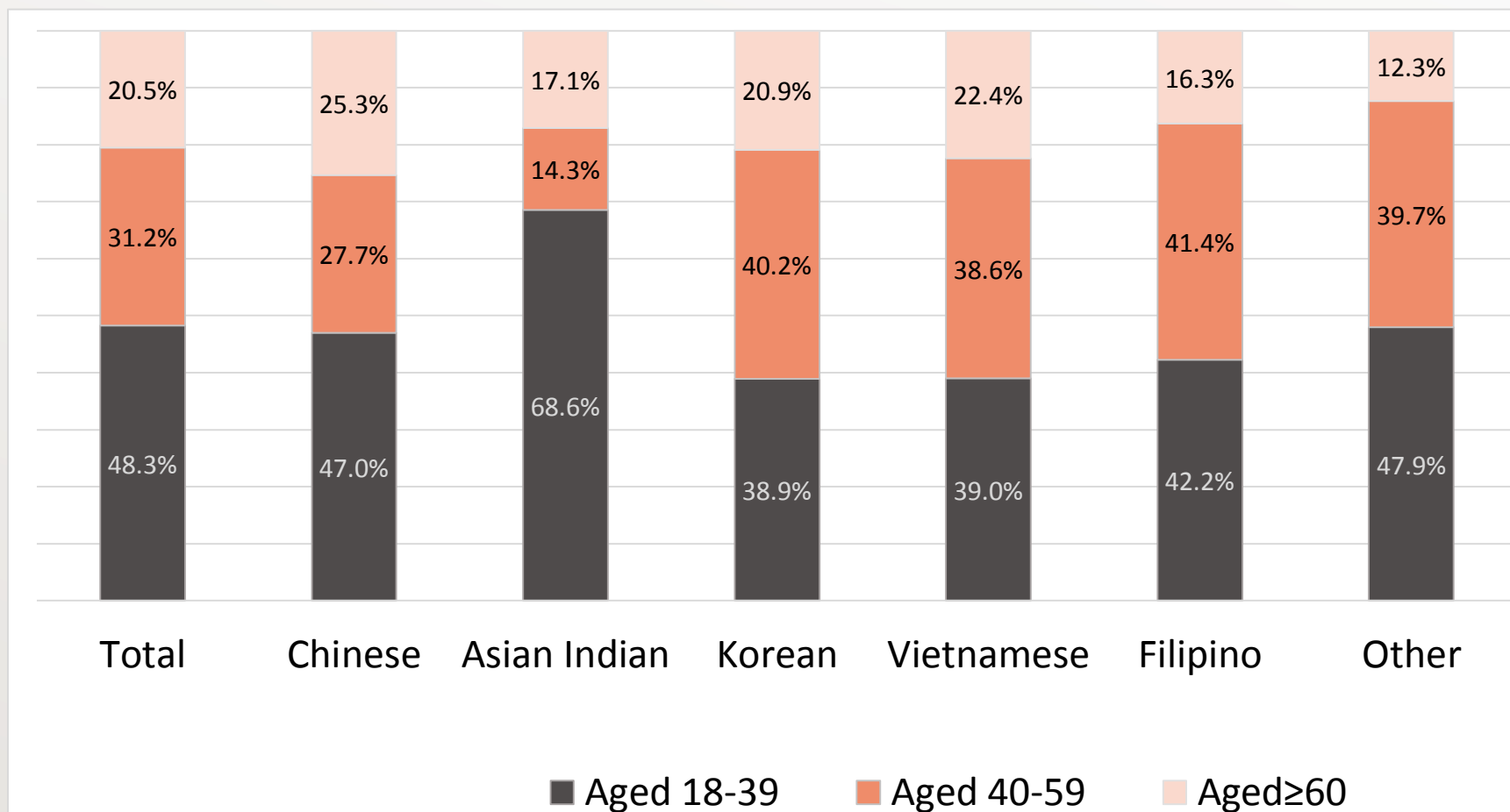




Overall Characteristics of the Sample

- Mean Age: 42.8
- Female: 55.2%
- Not married: 33.4%
- < High school: 18.6%
- < \$30,000: 27.4%

Age Group Distribution

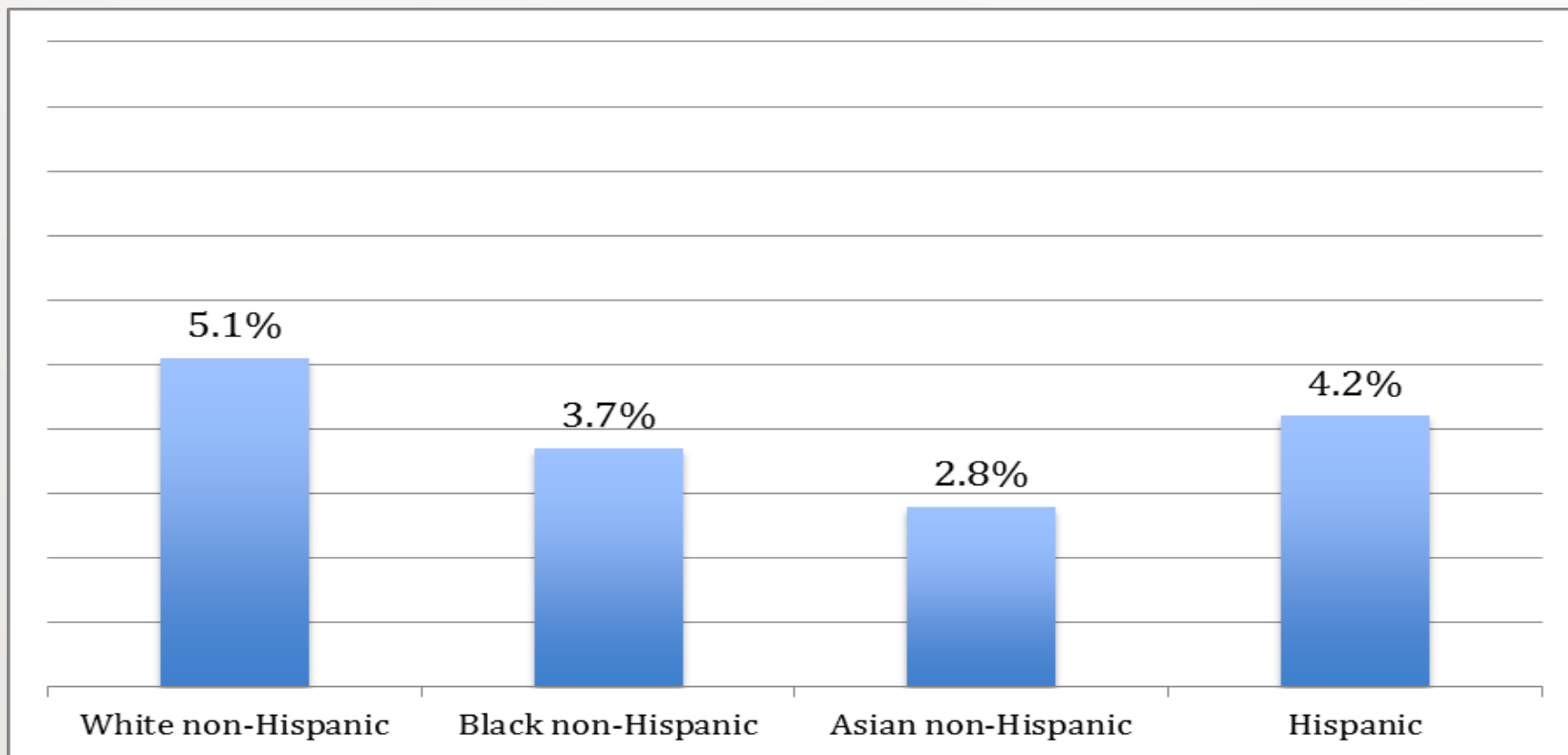


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Unmet Healthcare Needs

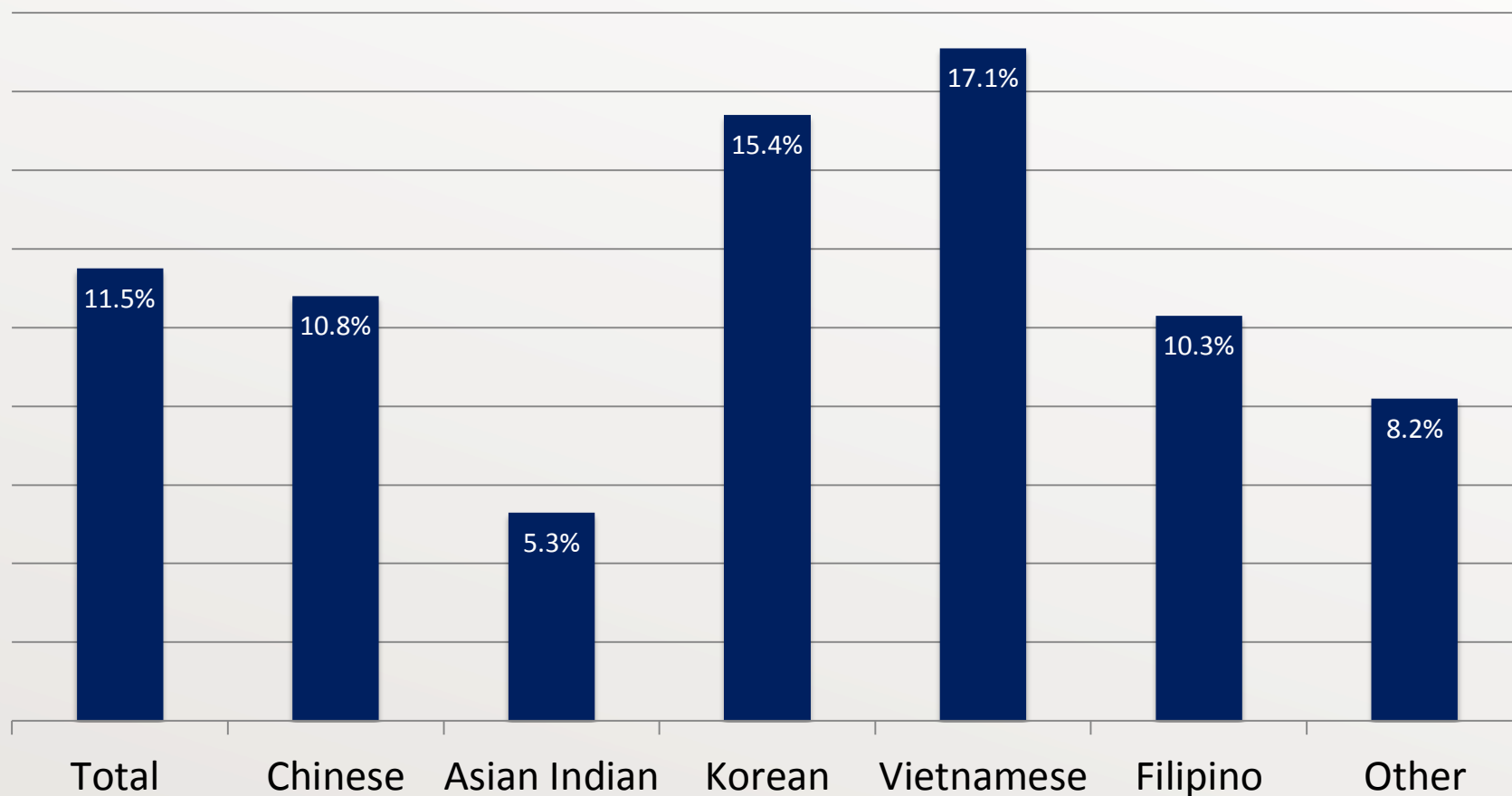
- “Was there a time in the past 12 months when you needed medical care but could not get it?”
- Yes/No

Unmet Health Care Needs

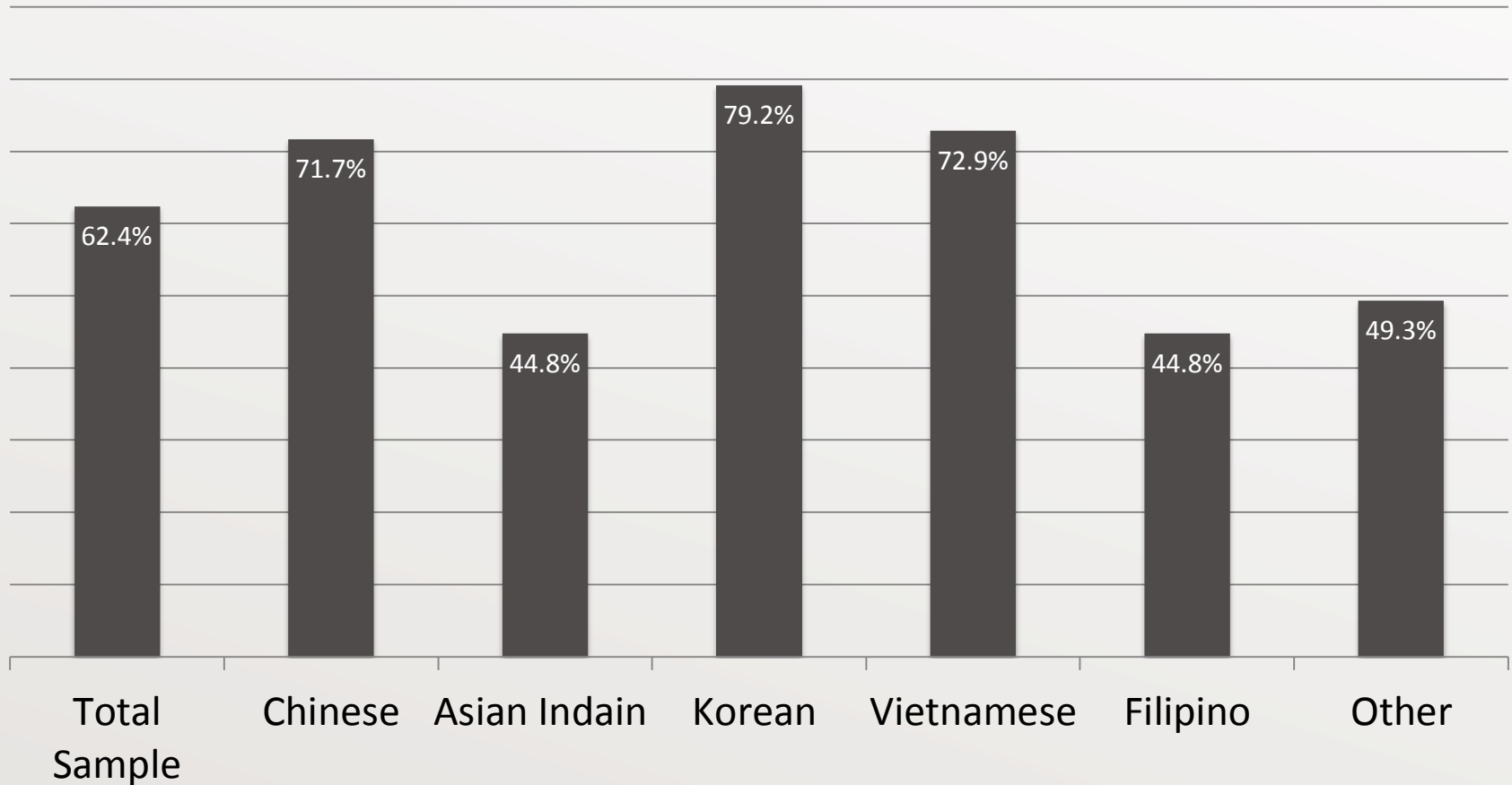


Source: Medical Expenditure Panel Survey (MEPS)

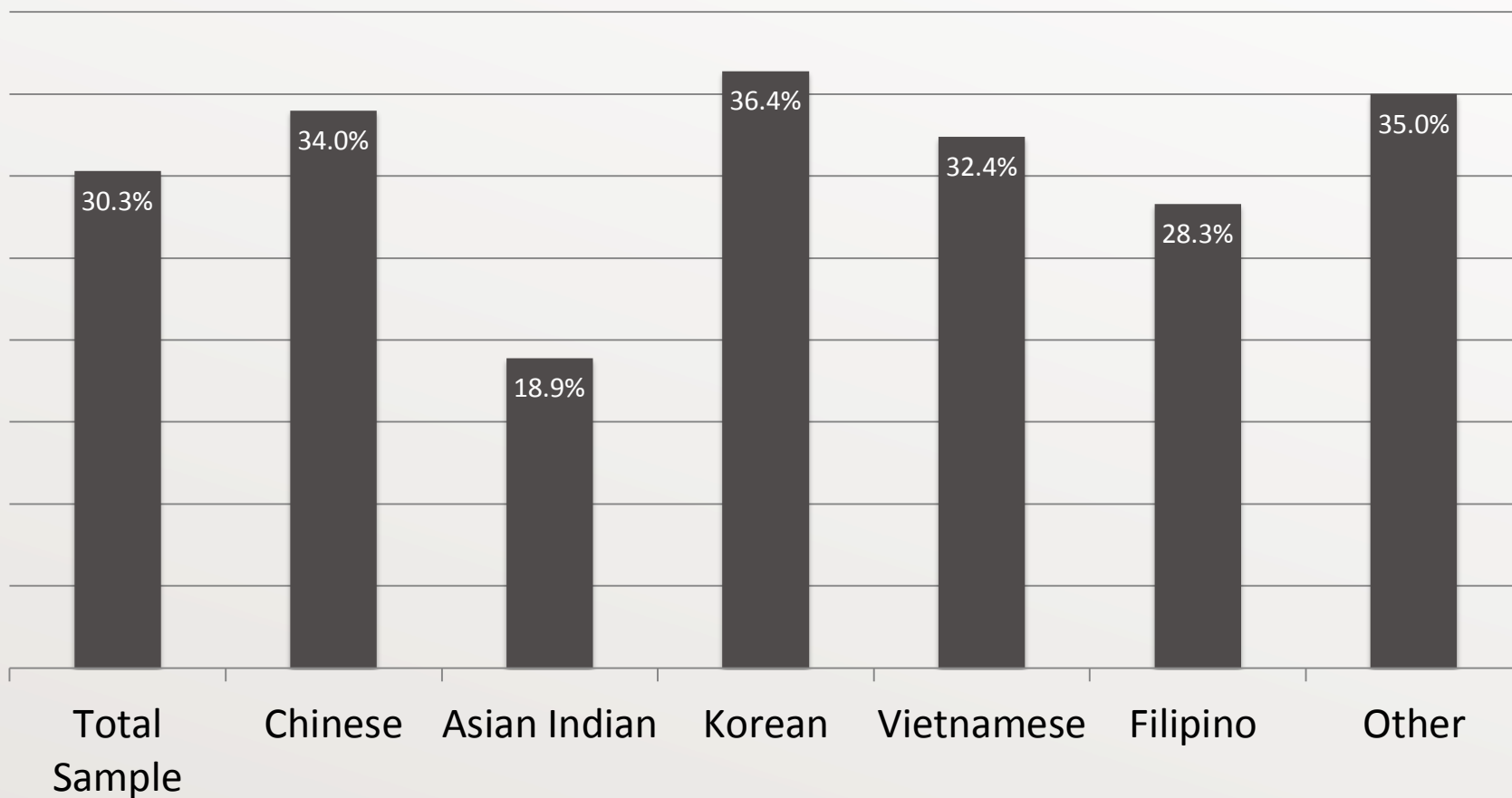
Unmet Health Care Needs in the AAQoL Survey



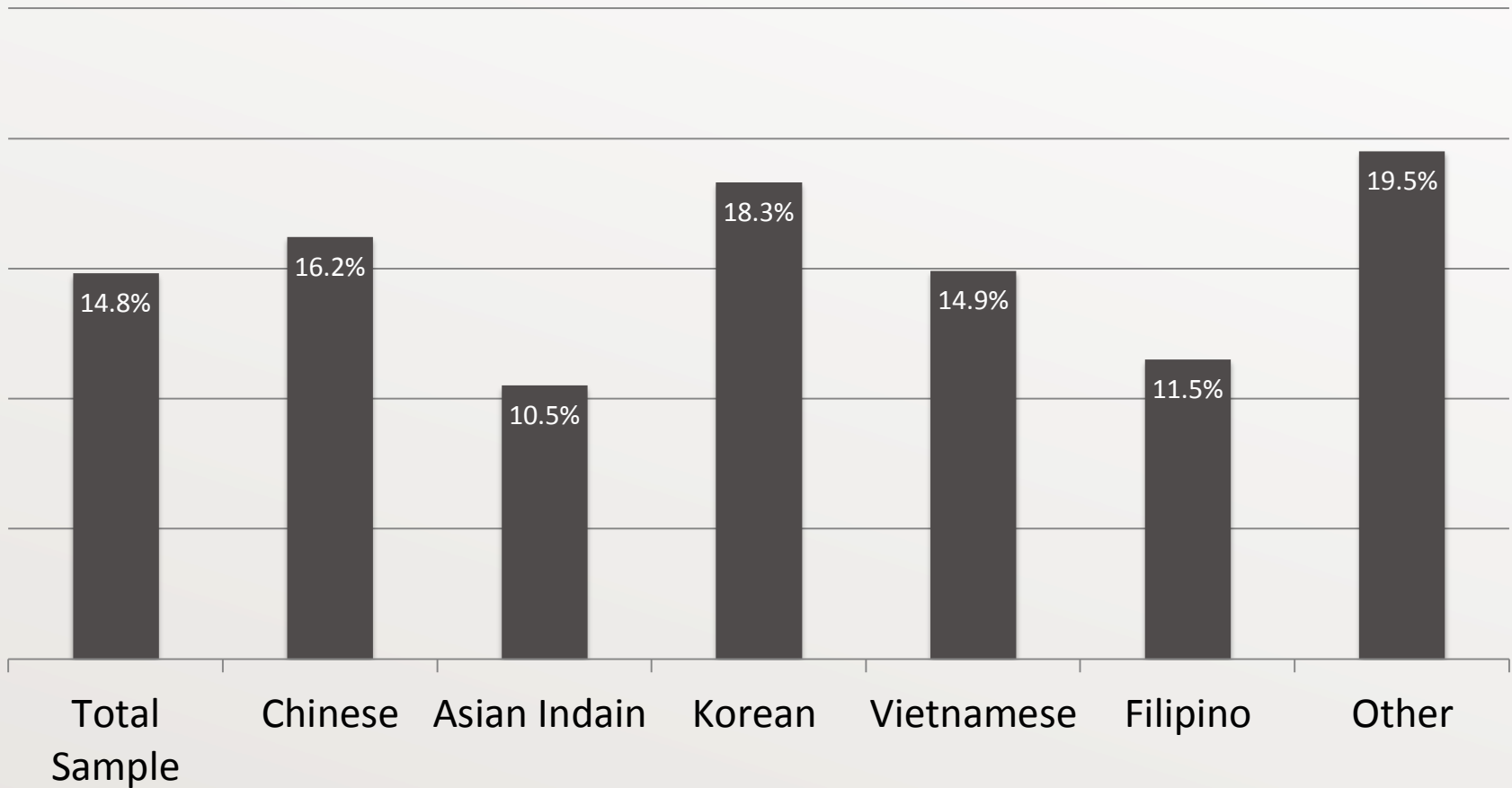
Individuals with Limited English Proficiency (LEP)



Perceived Racial/ethnic Discrimination

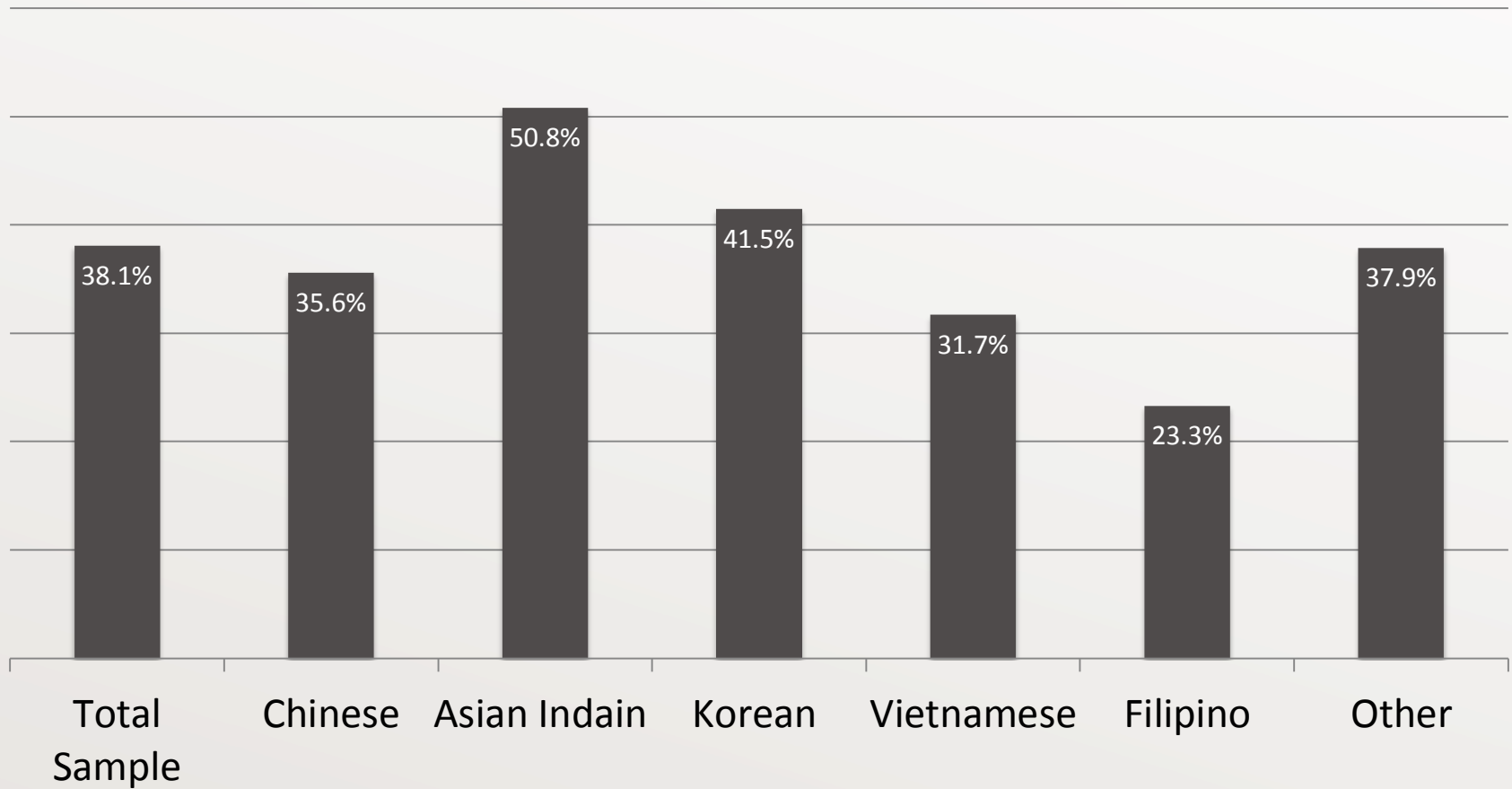


Individuals with No Health Insurance



Cf. 11.5% in the U.S. general population (NHIS)

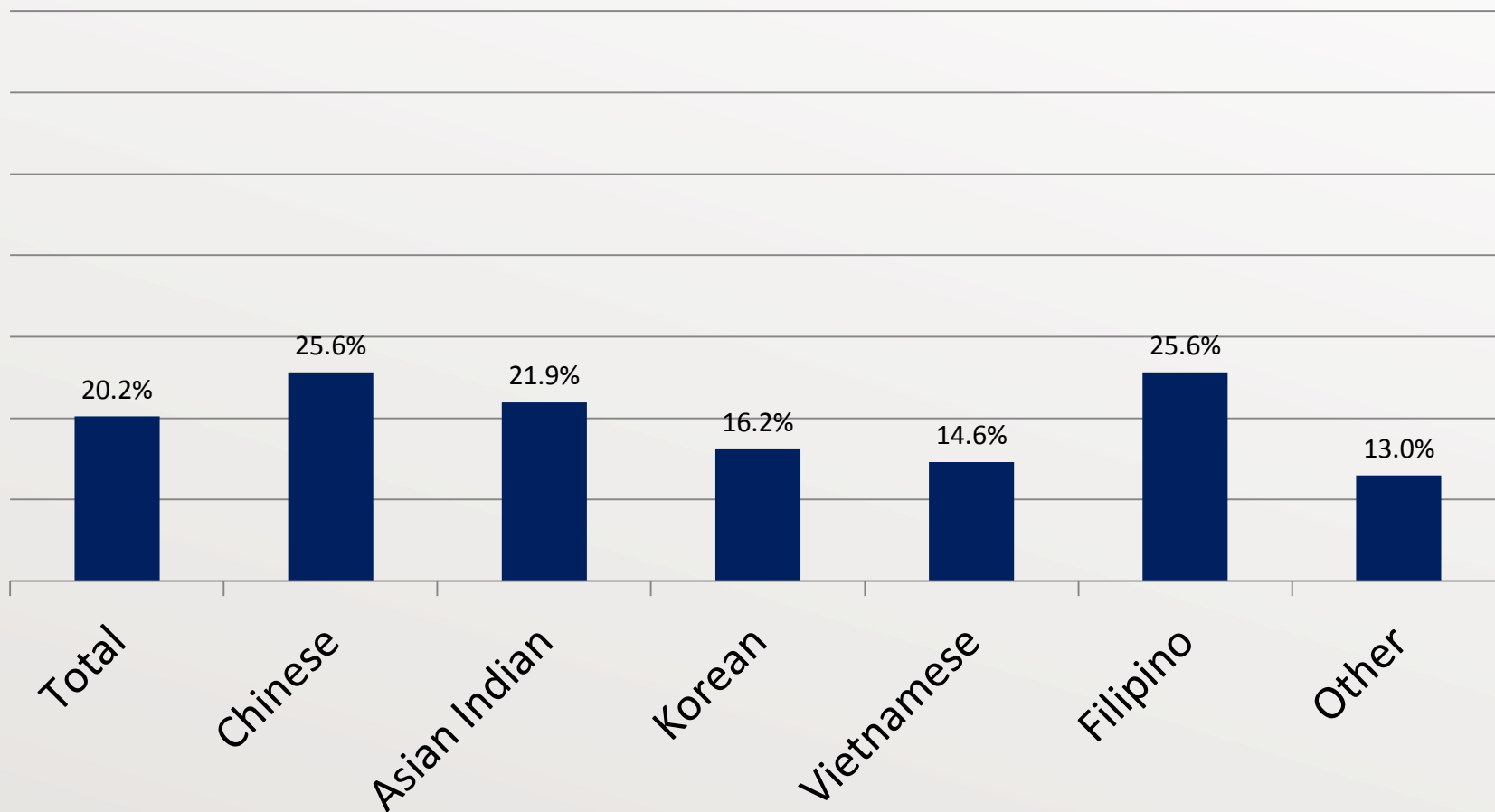
Individuals with No Usual Place for Care



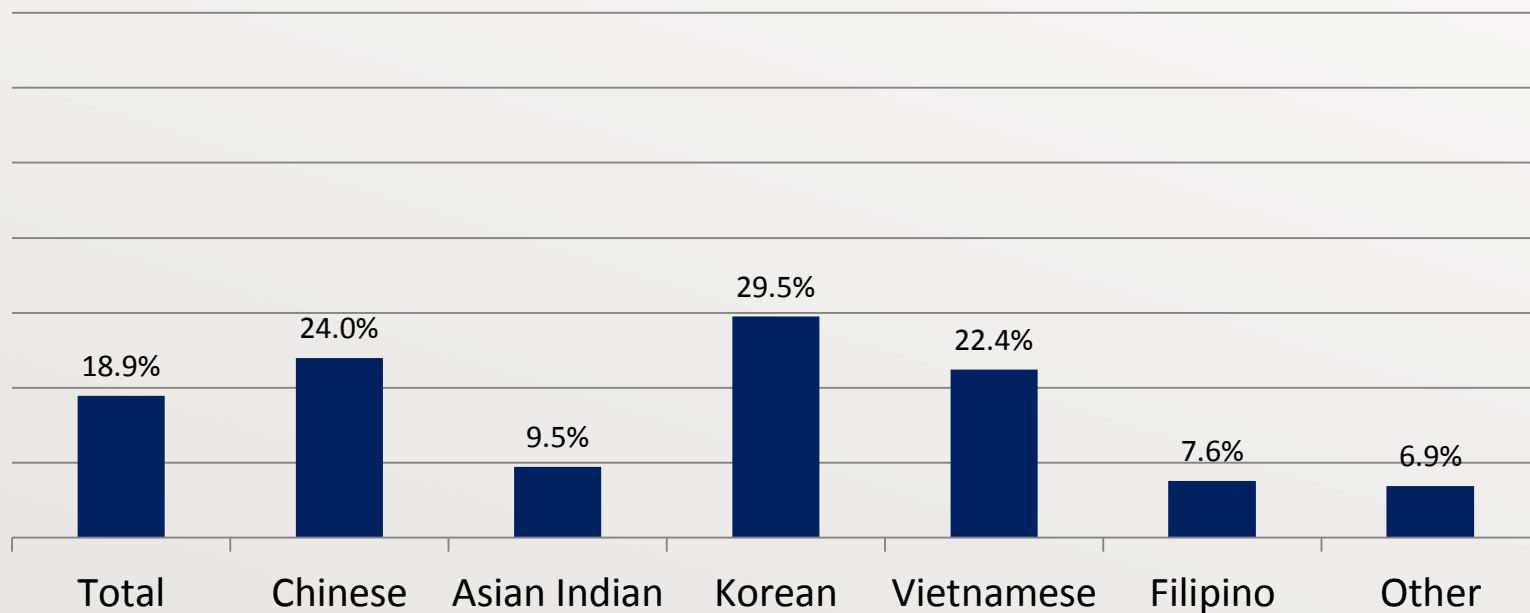
Cf. 22% in the U.S. general population (NHIS)

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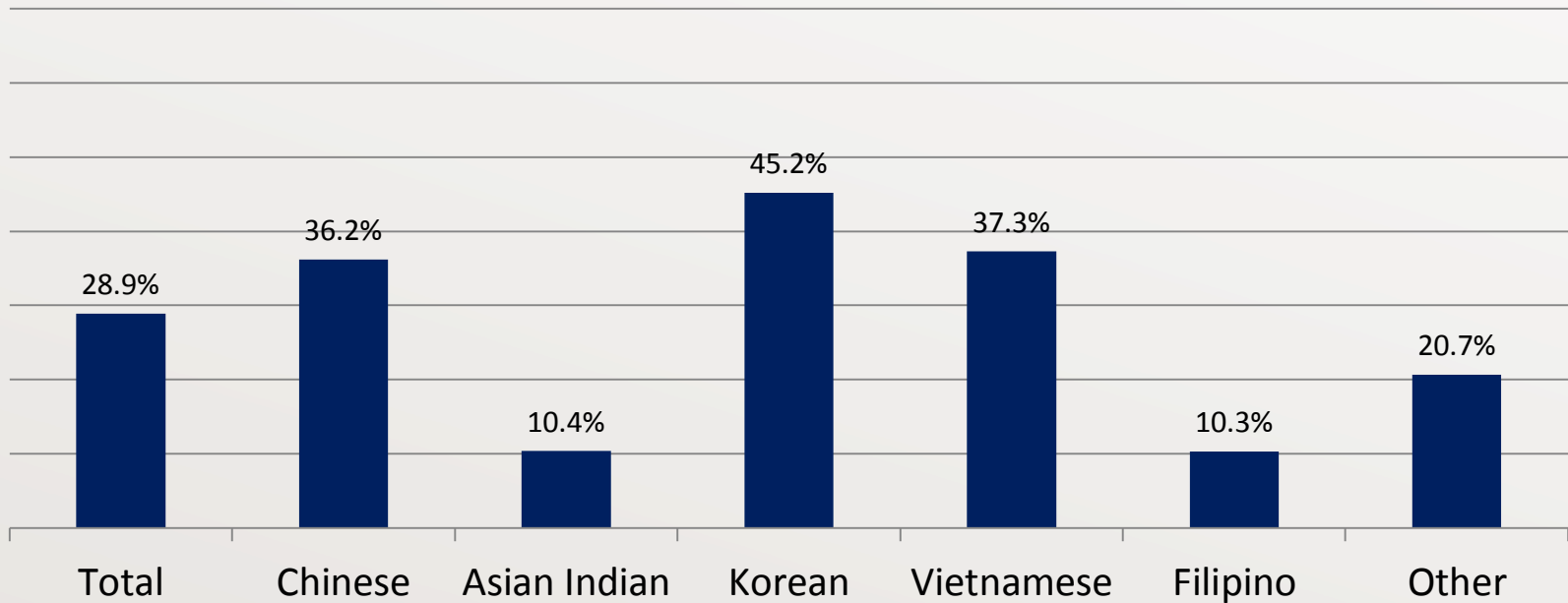
Need for Transportation



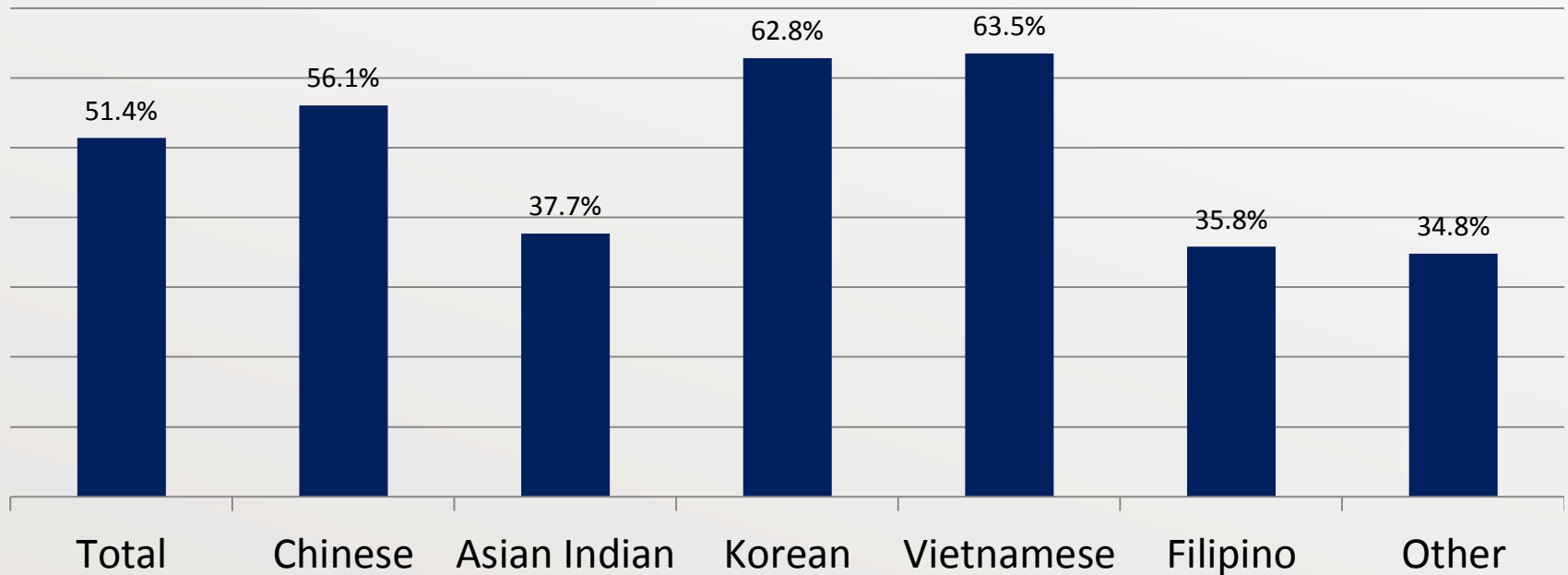
Need for Interpretation



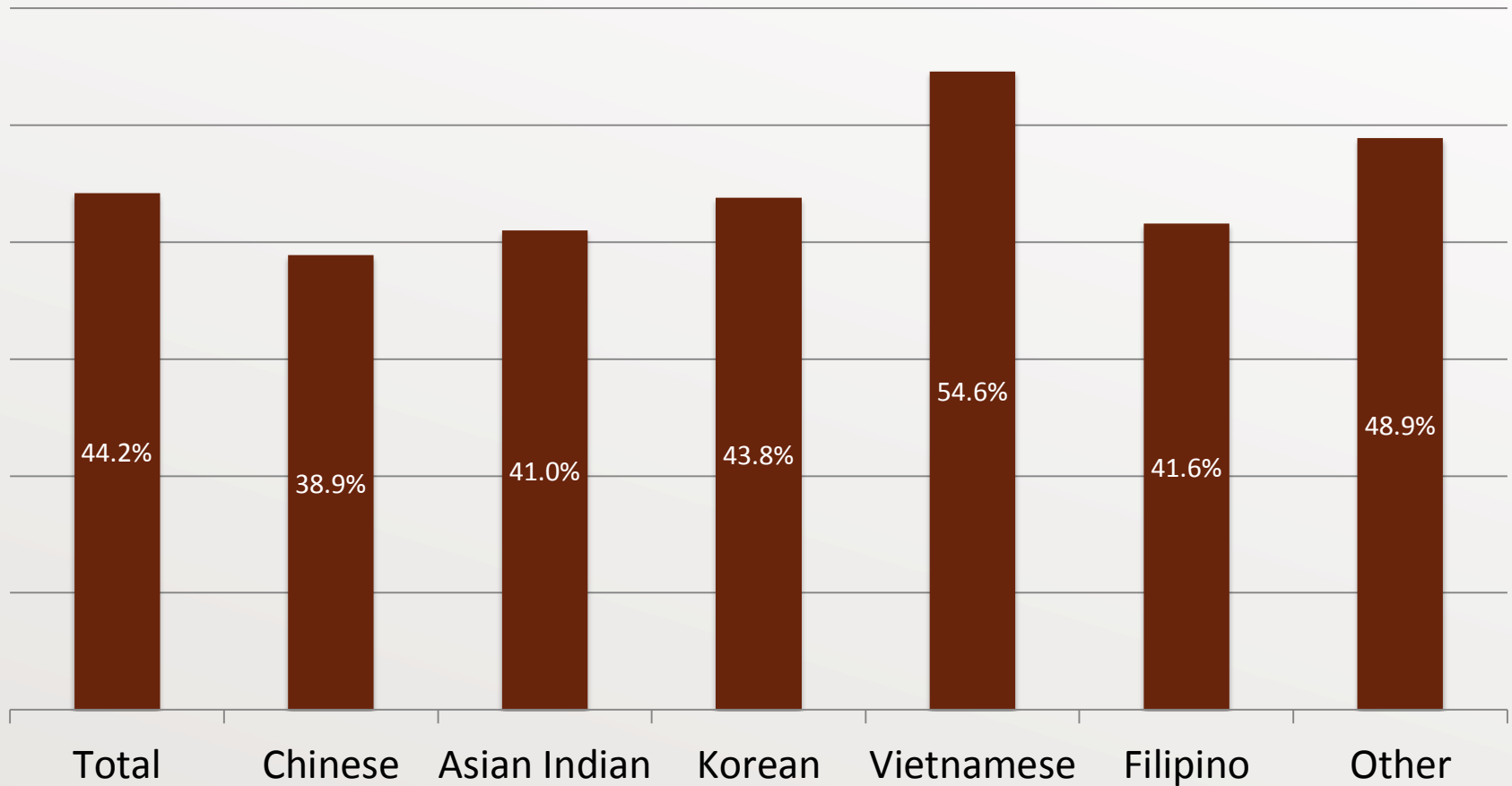
Communication Problem in Medical Settings



Preference for Ethnic Concordance with Medical Providers

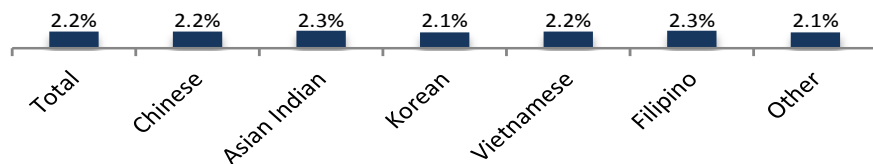


Mental Distress

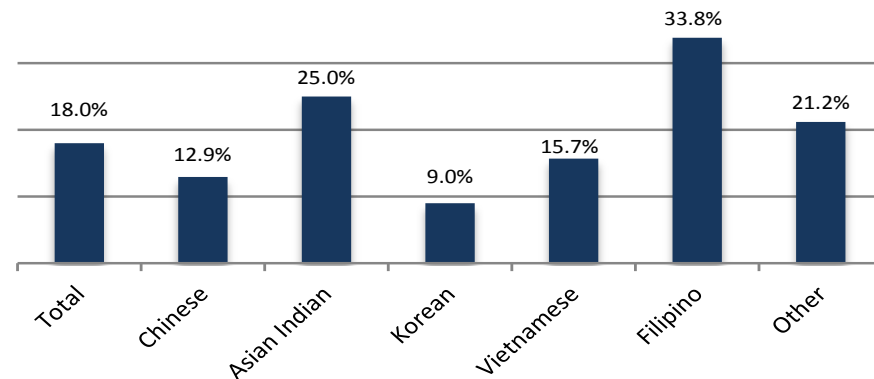


Cf. 15% in the U.S. general population (NHIS)

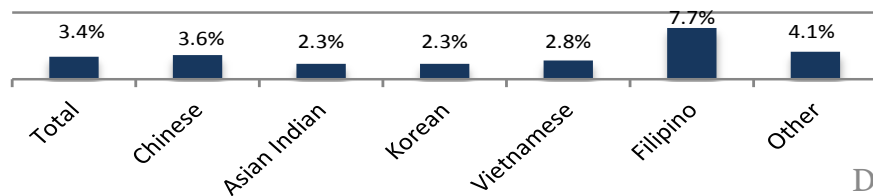
A psychiatrist



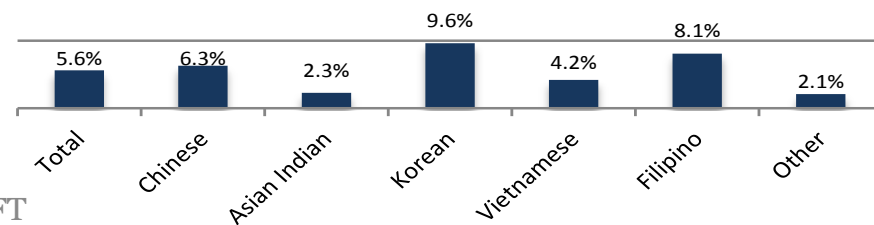
A general practioner or other medical doctor



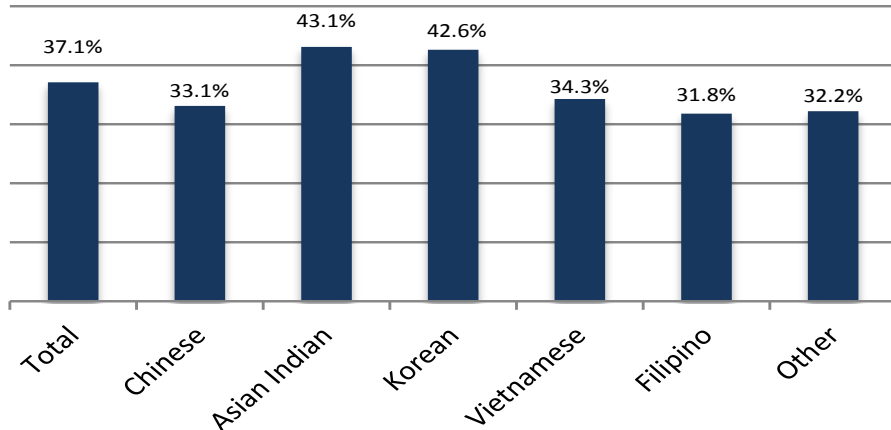
A psychologist, professional, counselor, marriage therapist or social worker



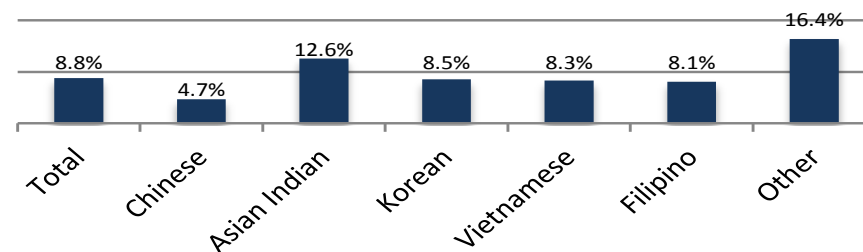
A minister, priest, rabbi, or other spiritual advisor



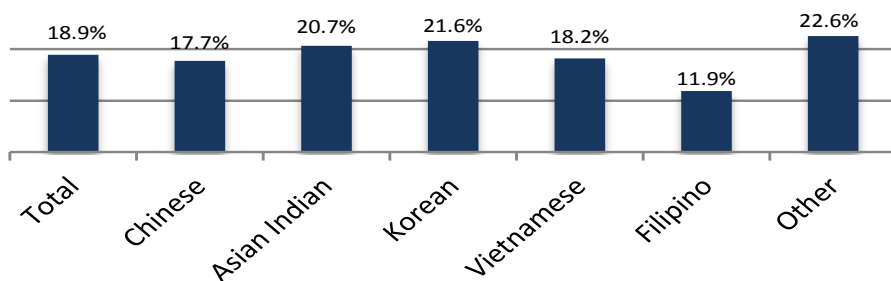
Depression is a sign of personal weakness



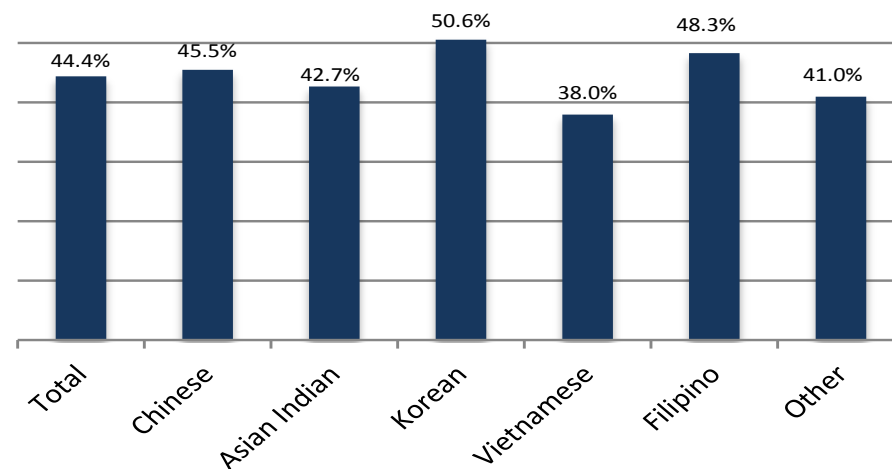
Having a depressed family member brings shame to the whole family



If I have depression, my family would be disappointed



Antidepressant medicines are addictive



Other Information

- Family and social resources
- Awareness/use/satisfaction relating to city services
- Technology use
- Housing and transportation
- Sources of obtaining city-related news and information
- Civic engagement



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Priority Areas

- Language assistance
- Access to medical services
 - Community health worker model
- Educational intervention on mental health literacy
- Campaign on stigma reduction
- Provision of mental health counseling programs
- Community outreach